

SENSORY PROCESSING DISORDER PARENTING GROUP



2020-2021 Online Classes via Zoom

Oct 5 – Parenting Your Highly Sensitive Child During a Pandemic

Nov 2 – Best Practices for a Sensory Sensitive Online Learner

Dec 7 – Emotional Regulation: Parent/Child Strategies

Jan 11 – How to Help Your Anxious Child

Feb 1 – Executive Functioning and SPD

Mar 1 – Communicating for Connection

Apr 5 – Helping Your Child Develop Their Social Skills Toolkit



Please join us for a monthly parenting/education/support group for any parent of a child with SPD. New members welcome!



Sarah is a Licensed Clinical Social Worker and Psychotherapist with a passion for helping children, parents, adults, and families with SPD. For over 15 years, Sarah has worked in various

organizations including a child abuse treatment center, mental health clinic, University counseling center, and private practice.



Jenny is a Licensed Professional Counselor and Licensed School Counselor specializing in work with children, parents and families. For more than 15 years, Jenny has worked in a number of settings including public schools, community

mental health, equine therapy and private practice. Jenny is trained in EMDR, mindfulness, CBT, and play therapy.



**ALL GROUPS HELD FROM 11:30 A.M. – 1:00 P.M.
NOW MEETING ONLINE VIA ZOOM**

COST: \$30 PER ATTENDEE, \$40 PER COUPLE, FIRST GROUP FREE

To reserve your spot, please contact:

Sarah Ahn, MSW, LCSW * 303-562-6328 * sarah@sarahahn.com

Jenny Burnsed, MS, LPC * 303-882-8819 * gigijack@aol.com