

SENSORY PROCESSING DISORDER PARENTING GROUP



2022-2023 Monthly Meetings

**Oct 3 - Back to School: Managing Transitions
Successfully**

Nov 7 - How to Help Your Anxious Child

Dec 12 - Social Anxiety and Social Skills

**Jan 23 - Emotional Regulation: Parent and Child
Strategies**

Feb 13 - Executive Functioning and SPD

**Mar 6 - The Whole Child Approach to Eating
Challenges with Lindsay Beckerman, MOT,OTR/L**

Apr 17 - Equine Assisted Therapies and SPD



**Please join us monthly for a parenting/education/support group for
any caregiver of a child with SPD. New members are welcome anytime!**



Sarah is a Licensed Clinical Social Worker and Psychotherapist with a passion for helping children, parents, adults, and families with SPD. For over 20 years, Sarah has worked in various

organizations including a child abuse treatment center, mental health clinic, University counseling center, and private practice.



Jenny is a Licensed Professional Counselor and Licensed School Counselor specializing in work with children, parents and families. For more than 20 years, Jenny has worked in a number of settings including

public schools, community mental health, equine therapy and private practice. Jenny is trained in EMDR, mindfulness, CBT, and play therapy.



MEETING MONDAYS FROM 11:30 A.M. – 1:00 P.M.

-- 67 S. CHERRYVALE ROAD, BOULDER, 80303--

COST: \$35 PER ATTENDEE, \$45 PER COUPLE, FIRST GROUP FREE

To reserve your spot, please contact:

Sarah Ahn, MSW, LCSW * 303-562-6328 * sarah@sarahahn.com

Jenny Burnsed, MS, LPC * 303-882-8819 * gigijack@aol.com